

Statistics Report 19102, Candies, fudge, peanut butter, prepared-from-recipe

Report Date: June 26, 2017 17:53 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	10.93	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Energy	kcal	387	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Energy	kJ	1620	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Protein	g	3.78	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Total lipid (fat)	g	6.59	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Ash	g	0.71	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Carbohydrate, by difference	g	77.75	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Fiber, total dietary	g	0.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Sugars, total	g	73.36	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Minerals													
Calcium, Ca	mg	42	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Iron, Fe	mg	0.22	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Magnesium, Mg	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Phosphorus, P	mg	68	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Potassium, K	mg	119	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Sodium, Na	mg	118	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.48	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Copper, Cu	mg	0.056	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Manganese, Mn	mg	0.164	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Selenium, Se	µg	2.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Thiamin	mg	0.022	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Riboflavin	mg	0.082	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Niacin	mg	1.439	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Pantothenic acid	mg	0.231	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin B-6	mg	0.066	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Folate, total	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Folate, food	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Folate, DFE	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin B-12	µg	0.14	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin A, RAE	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Retinol	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin A, IU	IU	32	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E (alpha-tocopherol)	mg	1.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin K (phylloquinone)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Lipids													
Fatty acids, total saturated	g	1.721	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
4:0	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
6:0	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
8:0	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
10:0	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
12:0	g	0.038	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
13:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
14:0	g	0.117	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
15:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
16:0	g	0.897	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
17:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
18:0	g	0.307	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
20:0	g	0.068	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
22:0	g	0.151	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
24:0	g	0.049	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Fatty acids, total monounsaturated	g	2.867	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
18:1 undifferentiated	g	2.805	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
20:1	g	0.062	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Fatty acids, total polyunsaturated	g	1.588	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
18:2 undifferentiated	g	1.556	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
18:3 undifferentiated	g	0.032	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Cholesterol	mg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Amino Acids													
Other													
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006